



A 24/7 Mobile Crisis Team is available for adults & children experiencing a mental health crisis. We can assist you over the phone, at your location, or in the hospital.

GALVESTON COUNTY & BRAZORIA COUNTY

# CRISIS HOTLINE

**1-866-729-3848**

A mental health crisis is a behavioral, emotional, or psychiatric situation that would likely result in significantly impaired levels of functioning. This may include difficulty with:

- Suicidal or homicidal thoughts
- Hallucinations or delusions
- Physical or verbal aggression
- Caring for or keeping oneself safe
- Coping with stressful or traumatic event
- Self-injurious behavior

**DO YOU NEED EMOTIONAL SUPPORT?**

**TO CHAT WITH A CLINICIAN, MESSAGE  
THE TOLL-FREE TEXT LINE:  
832-479-2135**



Dial or text 988 to access the national  
24/7 Suicide & Crisis Lifeline



GULF COAST CENTER

