



# SUBSTANCE USE SERVICES



## ABOUT GULF COAST CENTER MENTAL HEALTH SERVICES

OUR SUBSTANCE USE SERVICES ARE DESIGNED WITH REAL PEOPLE IN MIND...

Deciding to get help may be the hardest part. Gulf Coast Center is ready to help. We provide education and screening, individual, group, and peer counseling, skills training, and in-patient and outpatient treatment.

We coordinate patient care activities with other community partner agencies. Our goal is to know and understand the needs and preferences of those we serve. Services provided are tailored to each person's needs.

### OSAR- OUTREACH, SCREENING, ASSESSMENT, & REFERRAL

This program provides screening and referral at NO COST for anyone who needs assistance to determine an appropriate level of care for Substance Use Services.

The screening identifies the person's substance use, mental health, and high-risk behaviors. Individuals are referred to care options, such as residential treatment, outpatient, supportive outpatient, and peer recovery coaching.

OSAR counselors are mobile and can provide services in the community. Clients can obtain a "walk-in screening" or schedule a screening within a community setting. To access services, please call 1-800-643-0967 or 409-944-4365.

## SERVICES:

- Residential Treatment, Signals of Sobriety
- Outpatient Program
- Peer Recovery Support Groups
- Specialized Female Substance Use Services



[www.gulfcoastcenter.org](http://www.gulfcoastcenter.org)

24-hour Mental Health Crisis Hotline: 1-866-729-3848

Appointments: 800-643-0967