



PEER SUPPORT SERVICES

Peer Recovery Support Groups

Peer Recovery Support

Sessions are led by “peers” who have personal experience with substance use and recovery. Recovery Peer Support may be provided 1:1 or in a group format.

Mental Health Peer Support

Activities and interactions between people who have shared similar experiences with being diagnosed with mental health conditions. Individuals must be active in Gulf Coast Center services to participate. Adult Mental Health Peer Support:

- Mental Health Outpatient Clinic Services in Brazoria and Galveston Counties
- Projects for Assistance in Transition from Homelessness (PATH)
- Assertive Community Treatment (ACT) Services

Family Partner Services

A family partner provides support for a parent or caregiver to help meet the behavioral, emotional, and educational goals of a child or adolescent. Services may be provided 1:1 or in a group format. Individuals must have a child/adolescent active in Gulf Coast Center Services to participate.

Military Veteran Peer Network (MVPN)

MVPN is a trained group of Service Members, Veterans, and their Families (SMVF) that provides various peer services. Gulf Coast Center provides one-on-one peer assistance, peer groups, training, referrals to other agencies, and support to those involved in the justice system. We serve everyone, regardless of their discharge or legal status. We also offer free training. We can bring MVPN Basic Training, CALM, and AS+K training to your location. MVPN services are open to the public.

Who Are Peer Workers?

Peer support workers are people who have been successful in the recovery process that help others experiencing similar situations.

Through shared understanding, respect, and mutual empowerment, peer support workers help people become and stay engaged in the recovery process and may reduce the likelihood of relapse.

Peer support services can effectively extend the reach of treatment beyond the clinical setting into the everyday environment of those seeking a successful, sustained recovery process.

Peer Services Information:

1-800-643-0967



24-hour Mental Health Crisis Hotline: 1-866-729-3848

Appointments: 800-643-0967