

ABOUT GULF COAST CENTER MENTAL HEALTH SERVICES

SUBSTANCE USE SERVICES DESIGNED WITH REAL PEOPLE IN MIND...

Deciding to get help with a substance use disorder can be a challenging part of recovery. Gulf Coast Center is ready to help. We provide education and screening, individual, group, and peer counseling, skills training, and in-patient and out-patient treatment.

We coordinate patient care activities with other community partner agencies to provide well-rounded care. Our goal is to know and understand the needs and preferences of those we serve. Communicating and providing care at the right time with the right partners helps increase safe, proper, and effective care. Services provided are tailored to each person's needs.

If you, a friend, or a family member needs help with substance use, call 1-800-643-0967 to learn more about how Gulf Coast Center can help.

OSAR (OUTREACH, SCREENING, ASSESSMENT, & REFERRAL)

This program provides screening and referral at no-cost for anyone who needs to be screened to determine an appropriate level of care for Substance Use Services. The screening identifies the person's substance use, mental health, and high-risk behaviors. Individuals are referred to various care options, such as residential treatment, out-patient, supportive out-patient, and peer recovery coaching.

OSAR counselors are mobile and can provide services in the community. Clients can obtain a "walk-in screening" at three of our locations or can schedule a screening within a community setting. To access services, please call 1-800-643-0967 or 409-944-4365.

SERVICES:

- ·Residential Treatment, Signals of Sobriety
- **Out-patient Program**
- **Peer Recovery Support Groups**
- **Specialized Female** Substance Use Services



24 Hour Crisis Hotline: 1-866-729-3848

Main Office/ Appointments: 1-800-643-0967

www.gulfcoastcenter.org

If you are having a mental health crisis now, call our 24-hour crisis hotline at 1-866-729-3848. To make an appointment, call 1-800-643-0967.