



Peer Recovery Support Groups

Peer Recovery Support

Open to the public at specific Gulf Coast Center locations, these sessions provide a supportive, safe venue for people seeking substance use recovery. Sessions are led by “peers” who have personal, lived experience with substance use and recovery. Recovery Peer Support may be provided 1:1 or in group format.

Mental Health Peer Support

Peer support encompasses a range of activities and interactions between people who have shared similar experiences of being diagnosed with mental health conditions. This mutuality— often called “peerness”—between a peer worker and person using services promotes connection and inspires hope. Individuals must be active in Gulf Coast Center services to participate. Gulf Coast Center offers Adult Mental Health Peer Support in the following programs:

- Mental Health Outpatient Clinic Services- Brazoria and Galveston Counties
- Projects for Assistance in Transition from Homelessness (PATH)
- Assertive Community Treatment (ACT) Services

Family Partner Services

A family partner provides support for a parent or caregiver to help meet the behavioral, emotional, and educational goals of a child or adolescent. Certified Family Partner services are available in individual and group format. Family Partner Services may be provided 1:1 or in group format. Individuals must have a child/adolescent active in Gulf Coast Center Services to participate.

Military Veteran Peer Network (MVPN)

MVPN is a group of Service Members, Veterans, and their Families (SMVF) who are trained to provide a variety of peer services. Gulf Coast Center provides one-on-one peer assistance, peer groups, training, referrals to other agencies, and support to those involved in the justice system. We serve everyone, regardless of their discharge or legal status. We also offer free training. We can bring MVPN Basic Training, CALM, and AS+K training to your location. MVPN services are open to the public.

Who Are Peer Workers?

Peer support workers are people who have been successful in the recovery process that help others experiencing similar situations.

Through shared understanding, respect, and mutual empowerment, peer support workers help people become and stay engaged in the recovery process and may reduce the likelihood of relapse.

Peer support services can effectively extend the reach of treatment beyond the clinical setting into the everyday environment of those seeking a successful, sustained recovery process.

Peer Services Information:
1-800-643-0967

If you are having a mental health crisis now, call our **24-hour crisis hotline at 1-866-729-3848.**
Please call 1-800-643-0967 to find out how you can access the Peer Services of interest to you!