



MENTAL HEALTH SERVICES

ABOUT GULF COAST CENTER MENTAL HEALTH SERVICES

Your mental health is as important as your physical health. As the mental health authority for Galveston and Brazoria counties, Gulf Coast Center can help if you are having a mental health crisis now or need ongoing support to help you manage an ongoing mental illness.

Our mental health services include a 24-hour crisis hotline, emergency and stabilization services, in patient and outpatient psychiatric care, counseling, and skills and education training. We serve adults, children, and adolescents.

We make an extra effort to partner with other community agencies to ensure the needs of those we serve are met. Services provided are tailored to individualized needs.



SERVICES



CRISIS RESPONSE

Access to crisis helpline, community based crisis response, & in-patient psychiatric hospitalization



MEDICAL

Linkage to community resources to address assessed needs



MEDICATION MANAGEMENT

Access to medication to support mental health recovery



DRUG & ALCOHOL TREATMENT + EDUCATION & SKILLS

Develop better understanding & further skills important to manage symptoms & behaviors



THERAPY

Therapeutic interventions to enhance emotional wellbeing



CASE MANAGEMENT

Linkage to community resources for assessed needs



PEER SERVICES

Mentorship through lived experience

If you are having a mental health crisis now, call our **24-hour crisis hotline at 1-866-729-3848.**
To make an appointment, call 800-643-0967.