



Mental Health Services

Gulf Coast Center

ABOUT OUR MENTAL HEALTH SERVICES

Your mental health is as important as your physical health. As the mental health authority for Galveston and Brazoria counties, Gulf Coast Center can help if you are having a mental health crisis now or need ongoing support to help you manage an ongoing mental illness.

Our mental health services include a 24-hour crisis hotline, emergency and stabilization services, inpatient and outpatient psychiatric care, counseling, and skills and education training. We serve adults, children, and adolescents.

We make an extra effort to partner with other community agencies to ensure the needs of those we serve are met. Services provided are tailored to individualized needs.



SERVICES



Crisis Response

Access to crisis helpline, community-based crisis response, and in-patient psychiatric hospitalization.



Medical

Linkage to community resources to address assessed needs.



Medication Management

Access to medication to support mental health recovery.



Drug & Alcohol Treatment

Develop better understanding and further skills important to manage symptoms and behaviors.



Therapy

Therapeutic interventions to enhance emotional wellbeing.



Case Management

Linkage to community resources to address assessed needs.



Peer Services

Mentorship through shared lived experience.



Education & Skills

Develop better understanding and further skills important to manage symptoms and behaviors.

LEARN MORE

To learn more about our mental health services or to locate a walk-in screening location near you call 1-800-643-0967. You can also visit our website at www.gulfcoastcenter.org.

NEED HELP NOW?

CALL OUR 24-HOUR
CRISIS HOTLINE
866-729-3848